

The Revolutionary Everyday “GO BAG” That Will Change Your Life by Debbie Kent, storethisnotthat.com

We have all seen, read about and put together 72 hour kits through the years but have you ever stopped to wonder how much it could help you in not catastrophic, but more like an everyday emergency? What do I mean by that you ask? I mean any circumstance when you are going to be away from home expectantly, either because you are delayed (traffic, weather, accident, injury) or because something drives you away (fire, flood, illness, police action). All of these could mean being gone hours or days. Will your handy, dandy Survival bag be of help? Not much, but this new, revolutionary way of packing a “Go Bag” certainly will. By just taking a few minutes to put yours together now it will save you inconvenience and aggravation down the road and you will have everything you need to thrive during your time away from home. Of course it won't do you any good unless it is actually with you in your car, so pack and take it with you whenever to leave your house. You never know when the time will arrive for you to use it.



THE EVERYDAY “GO BAG”

In addition to your purse/wallet which contains:
ID, \$, credit, debit and insurance cards, keys and cell phone

- 1 pair pants or shorts
- 2 coordinating tops
- 2 pairs undergarments
- 1 pair comfortable shoes (if not wearing)
- 7 days of medication (rotate when new meds arrive)
- Pill bottle w/ assorted meds, marked (Advil, Tylenol, Benadryl, Imodium, etc)
- Glasses, contacts and cleaner
- Mini phone book
- Notepad and pen
- Personal Hygiene Kit- include favorite brands in travel size (3-5 days worth)
(toothbrush and paste, deodorant, lotion, shampoo, conditioner, brush/comb, hair clip,
shaver, chapstick, nail file, nail polish, floss, Q-tips, laundry soap, Kleenix, etc.)
- Downy Wrinkle Releaser (takes out wrinkles; found on travel size product aisle)
- Make-up bag
- Feminine hygiene products
- Electronic bag (phone charger, back-up, portable hard drive, portable phone charger)
- Water (1 bottle in bag, 2-4 bottles in car)
- Food Bag (crackers, granola bars, dried fruit, etc)
- Entertainment (cards, word search, book, tablet w/cord)